

MEDIA ADVISORY

Contacts:

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Christy L. Simmons
Manager of Public Relations
Food Bank of Central & Eastern NC
(919) 865-3050 (office)
(919) 906-4798 (mobile)

Sherry McGowan
Customer Relations Coordinator
USPS Raleigh Post Office
(919) 420-5148 (office)

WHY STAMP OUT HUNGER IS IMPORTANT

Local Letter Carriers Share Personal Stories

On **Saturday, May 10, 2008**, local letter carriers and the National Association of Letter Carriers (NALC), the National Rural Carriers Association, in conjunction with the United States Postal Service, will be collecting non-perishable food donations in an effort to fight hunger during the **16th Annual Letter Carriers Food Drive** called "**Stamp Out Hunger**". All local donations will go to the Food Bank of Central & Eastern North Carolina branch in your neighborhood -**Durham, Greenville, Raleigh, Sandhills (Southern Pines) and Wilmington.**

Five local carriers have shared their thoughts about "Stamp Out Hunger" (see attached).

Their stories range from a letter carrier who was once at risk to one who has been on the job for almost 40 years:

Penny Houze (Raleigh) – formerly at risk of hunger; sees STAMP OUT HUNGER as a way give back

Sam Stewart (Durham) – food drive coordinator for Durham letter carriers

Glenn Webster (Raleigh)– food drive coordinator for Raleigh letter carriers

Tonia Manzulich (Durham) – President of Rural letter carriers in Durham; has firsthand account of need on her route

Ron Miller (Raleigh) – letter carrier for nearly 40 years; saw and experienced hunger growing up in upstate New York

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To contact any of the letter carriers for a story, call or email Christy Simmons (919.865.3050, csimmons@foodbankcenc.org) or Sherry McGowan (919.420.5148, sherry.c.mcgowan@usps.gov).

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About the Food Bank of Central & Eastern North Carolina

The Food Bank of Central & Eastern North Carolina is a nonprofit organization that provides food for people at risk of hunger in 34 counties in central and eastern North Carolina. The Food Bank serves a network of more than 890 partner agencies offering soup kitchens, food pantries, shelters, and programs for children and adults. In fiscal year 2005-2006, the Food Bank distributed more than 32.6 million pounds of food and non-food essentials through these agencies. Sadly, hunger remains a serious problem in central and eastern North Carolina. In these counties, more than 400,000 struggle each day to provide enough food for their families. www.foodbankcenc.org.